

We will be starting soon!

Thanks for joining us



Introduction to Passive House Retrofits



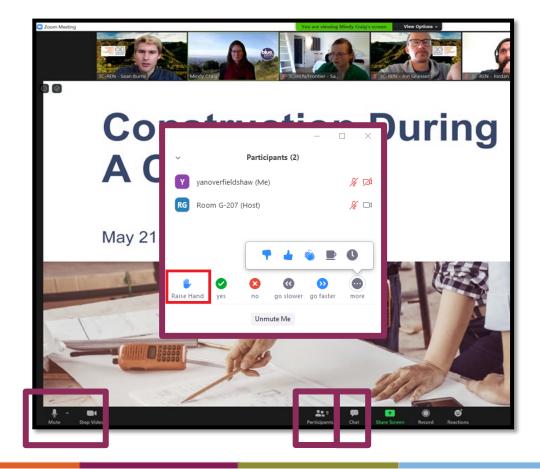
Steve Mann – The Passive House Network and Home Energy Services

July 24th, 2024



Zoom Orientation

- Please be sure your full name is displayed
- Please mute upon joining
- Use "Chat" box to share questions or comments
- Under "Participant" select "Raise Hand" to share a question or comment verbally
- The session may be recorded and posted to 3C-REN's on-demand page. Feel free to ask questions via the chat and keep video off if you want to remain anonymous in the recording.



3C-REN: Tri-County Regional Energy Network

- Three counties working together to improve energy efficiency in the region
- Services for
 - Building Professionals: industry events, training, and energy code compliance support
 - Households: free and discounted home upgrades
- Funded by ratepayer dollars that 3C-REN returns to the region









- Serves all building professionals
- Three services
 - Energy Code Coach
 - Training and Support
 - Regional Forums
- Makes the Energy Code easy to follow

Energy Code Coach: 3c-ren.org/codes 805.781.1201 Event Registration: **3c-ren.org/events**





- Serves current and prospective building professionals
- Expert instruction:
 - Technical skills
 - Soft skills
- Helps workers to thrive in an evolving industry

Event Registration: **3c-ren.org/events**





Multifamily (5+ units)

- No cost technical assistance
- Rebates up to \$750/apartment plus additional rebates for specialty measures like heat pumps

Single Family (up to 4 units)

- Sign up to participate!
- Get paid for the metered energy savings of your customers

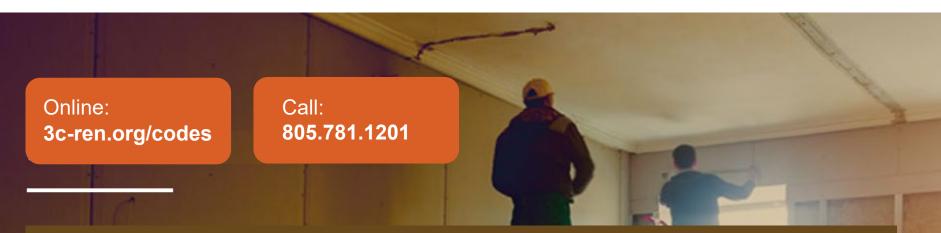
Enrollment: 3C-REN.org/contractor-participation



Questions about Title 24?



3C-REN offers a *free* **Code Coach Service**



Energy Code Coaches are local experts who can help answer your Title 24 questions. Coaches have decades of experience in green building and energy efficiency improvements. They can provide citations and offer advice for your project to help your plans and forms earn approval the first time.

CEUs and Upcoming Events

- Continuing Education Units Available
 - Contact <u>shuskey@co.slo.ca.us</u> for 2.0 AIA LUs.
- Coming to Your Inbox Soon!
 - Slides, Recording, & Survey Please Take It and Help Us Out!
- Upcoming Courses:
 - August 6th Beyond Energy: Using Passive House Standards To Boost Resilience Of California's Built Environment
 - August 8th <u>Heat Pumps for Heating and Cooling Part 2: All-Electric Design and Construction Series</u>
 - August 27th <u>Introduction to Passive House Trades</u>
 - September 5th <u>Passive Design/Build™ Boot Camp Free info session</u>
 - September 24th Building Electrification, Passive House PER & California
 - September 30th October 4th <u>Passive Design/ Build Boot Camp</u> In Person in San Luis Obispo
- Visit <u>www.3c-ren.org/events</u> for our full catalog of trainings.



Passive House Retrofits The EnerPHit Standard

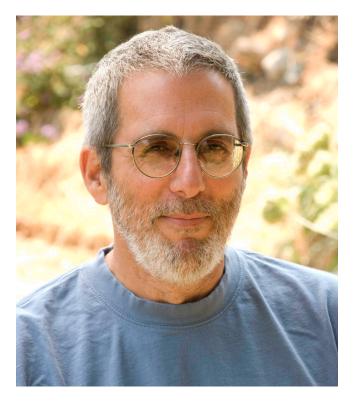


The Network Global Knowledge. Regional Context. Local Applications



Your Instructor





Steve Mann Home Energy Services Berkeley, CA

Steve Mann, is a California HERS ,LEED AP+ Homes and Green Rater, and a certified Passive House Consultant, Tradesperson, Trainer, and building Certifier with the Passive House Institute.



Course Description



Description:

The Passive House Institute developed EnerPHit certification standards to accommodate the realities of existing old buildings, where foundations, party lines, historic preservation, cost, and other factors make a typical Passive House certification impractical. This course takes a detailed look at the criteria, the pathways and the potential exemptions, that drive EnerPHit performance to deliver the health, efficiency, and resilience results we expect from Passive House. Through case studies of successful retrofits, see how to upgrade a building with respect to airtightness, insulation, thermal bridge reductions, high-performance windows, and ventilation.

AIA Course #20240123-PHN, 2 LU|HSW Credits PHI: 3 Credits

Learning Objectives:

- Outline reasons why the EnerPHit standard was developed and implemented to ensure Passive House health, efficiency and resilience outcomes are achievable.
- 2. Describe the two EnerPHit certification methods, the criteria differences and similarities and how these both accommodate high -performance outcomes.
- 3. Outline the roles of comfort criteria, ventilation requirements in driving design optimization.
- 4. Describe exemptions that may be utilized in when issues of existing/historic building don't allow standard resolution.
- 5. Outline the EnerPHit Retrofit Plan program and approach for long -term step -by-step Passive House renovation approach
- 6. Describe EnerPHit pilot programs OutPHit and apartment renovation certifications.
- 7. Outline real -world EnerPHit solutions from case studies of masonry and wood frame buildings.

Agenda



Part 1: The EnerPHit Standard

- 1. Orientation
- 2. Passive House and EnerPHit
- 3. Two EnerPHit Methods
- 4. Window Comfort Criteria
- 5. Ventilation
- 6. Exemptions
- 7. Stepwise EnerPHit Retrofit Plan
- 8. Pilot Programs:
 - a. OutPHit scales EnerPHit
 - b. Apartment Certification

Part 2: EnerPHit Case Studies

- 1. Historic Masonry
- 2. Wood Frame
- 3. Multifamily

Part 3: Resources

The EnerPHit Standard

Passive House Certified Retrofits: EnerPHit







The basic principle which should be applied for each structural intervention in an existing building is 'if it has to be done, it should be done properly.'





EnerPHit V

Certified

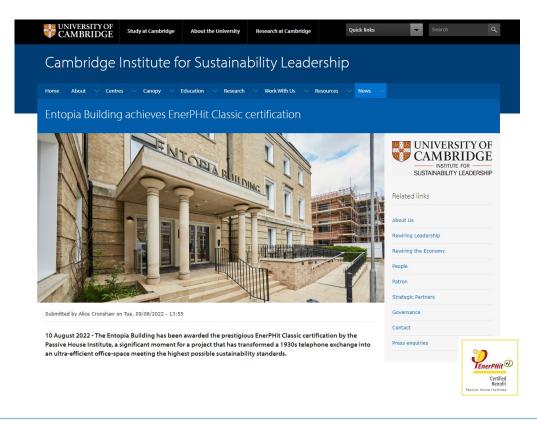




Grocery Store Chain, Garment factory, Academic Building





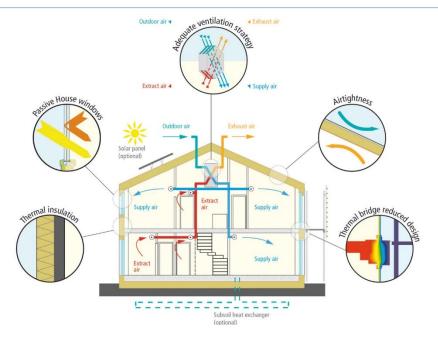


Passive House & EnerPHit

Passive House



- Low Operational Energy
- Excellent Occupant Comfort
- Good Indoor Air Quality
- Durable (Low Moisture Risk)
- Resilience



"I am thinking of having the stove removed altogether; it is only in the way."

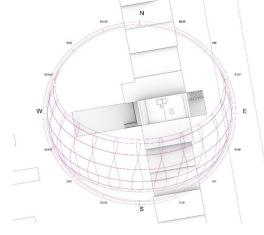
Fridtjof Nansen, 1897 regarding the Research Ship Fram

1

Heating			Criteria ¹		Alternative Criteria ²
Heating demand [kBTU/(ft²yr)] Heating load ³ [BTU/(hr.ft²)]	<u>ح</u>		4.75 -		
Cooling					
Cooling + dehumidification demand [kBTU/(ft²yr)]	≤	4.75 + deh	umidification o	ontribution ⁴	variable limit value⁵
Cooling load ⁶ [BTU/(hr.ft²)]	≤		-		3.17
Airtightness					
Pressurization test result n ₅₀ [1/hr]	≤		0.6		
Renewable Primary Energy (PER) ⁷		Classic	Plus	Premium	
PER demand ⁸ [kBTU/(ft²yr)]	≤	19.02	14.26	9.51	±4.75 kBTU/(ft²yr) deviation from criteria
Renewable energy generation ⁹ (with reference to projected building footprint) [kBTU/(ft²yr)]	≥	-	19.02	38.04	with compensation of the above deviation by different amount of generation

Why not just do Passive House?

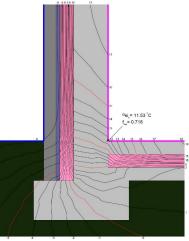
It is not always possible to achieve the Passive House Standard (new constructions) for refurbishments of existing buildings, even with adequate funds. For this reason, the PHI has developed the "EnerPHit – Quality-Approved Energy Retrofit with Passive House Components" Certificate.



Orientation/Siting



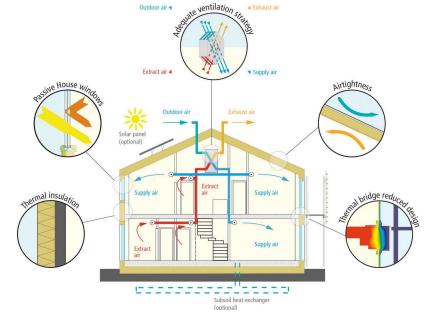
Air Sealing



Thermal Bridging

Why not just do Passive House?

- Continuous Insulation
- Airtight
- Thermal Bridge Free
- High Performance Windows
- Mechanical Ventilation with HR





2010 First EnerPHit Pilot Projects



Before



Total renovation costs:

Ca. € 510/m² floor area inc. VAT, solar, etc.



 Thermal insulation of roof Thermal insulation of wall warm windows ·Ventilation with HR Impro- Condensing boiler ·Solar collector system

85%

ve-

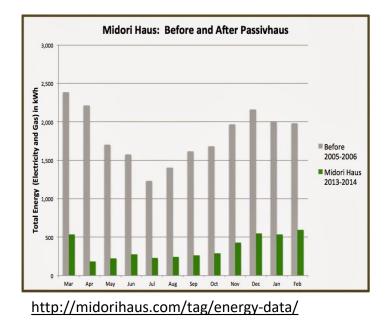




Certified Passive House



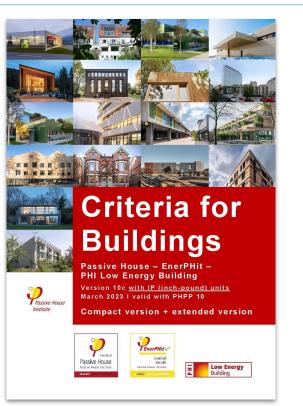




MidoriHaus, Santa Cruz Essential Habitat

Consult the Criteria





EnerPHit Stand	EnerPHit Standard
2.2.2 EnerPHit criteria for the energy demand method See extended version: >2	³ Renewable Primary Energy Alternatively, evidence for the EnerPHI Classic Standard can continue to be provided by proving compliance with the requirement for the non-reveavable primary every) demand (PE). This will be calculated automatically in the PHPP with requirement for the non-reveavable primary every).
le 3 EnerFHII energy demand criteria (as an alternative to Table 2)	The following tormal: De (5), and the second answers of (5), and
	2.2.4 EnerPHit exemptions
viation from the Passive House requirement, airtightness is assumed to be nso=1.0 1/h (instead of 0.6 1/h) for	See extended version: ►224 If necessary, the heat transfer coefficient limits for the exterior envelope shown in Table 2 may be
valion from the Passue House requirement, aindpletes in assumed to be nor-10 th findesid of 0 is thij for action of the balance generic limit value for the costing and detunnitification demand. 2.2.3 General EnerPHIt criteria (irrespective of the method) See enfonded version ≯2	The extended service x > 2.2.4 If necessary, the heat transfer coefficient limits for the outerior envelope shown in Table 2 may be exceeded for one or more of the following reasons: • Legar equirements. • If requirements. • If requirements or distribution preservation authorities. • A require measure is not cost-directive due to exceptional arcumstances or additional requirements (see Subsection 3.2.1.3). • The require simulation will unacceptibility relations the use of the building or surrounding
evanion from the Passive House requerement, antipites is assumed to be nor-10 th finalised of 0 is thy to automot the building specific limit where for the coding and detauned for benand.	The extended sensors + 2.2.4 If necessary, the heat transfer coefficient limits for the outprior enviceps shown in Table 2 may be exceeded for one or more of the following reasons: Legistry comparison of the
Auton from the Passue House requerement, antipities is assumed to be nor 1.0 th (neshed of 0.6 th) to add of the the coding and detundification demaid.	The extended ensures > 22.4 If necessary, the heat transfer coefficient limits for the autorior envelope shown in Table 2 may be exceeded for one or more of the following reasons: • Legal requirements: • If required by the historical balding presentation adributilis. • Areguined messare billing the statement of the statement of the statement of the statement of the historical balding presentation adributilis. • Areguined messare billing the statement of the statement
Audion for the Passive House requerement, artightees is assumed to be nort 3 th included of 6 is this to add of the model of the model of the model. 2.2.3 General EnerPHIt criteria (irrespective of the method) Leve dended wrants: Philosophilic (irrespective) Leve dended wrants: Philosophilic (irrespective) Leve dended wrants: Philosophilic (irrespective) Calenda ⁺ Atomative Children State of the method State	The extension of the extension envelope the extension
Consider the chosen method Consider a conserve of the chosen method) Clinical C	The extension werease 12.2.2 If increasing the extension of the extension

https://passivehouse.com/03_certification/02_certification_buildings/08_energy_standards/08_energy_standards.html

Passive House Retrofits

Advanced Classes Available





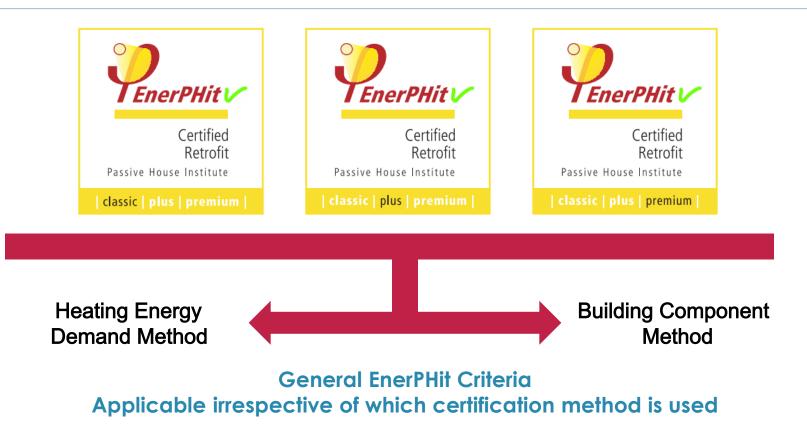
MORE EFFICIENT, MORE ONSITE RENEWABLES

- EnerPHit standard first introduced by PHI in 2010
- Can be reached in one step, or several steps
- If phased, follow an EnerPHit Retrofit Plan (ERP)
- When PER (primary energy renewable) has been reduced by 20%, first 'pre -certification' can be issued by the certifier

Two EnerPHit Methods

Two Paths to EnerPHit Certification





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Regardless of Method

- → Primary (source) energy limits relaxed to accommodate additional heating/cooling demand
- → Airtightness is (slightly) relaxed

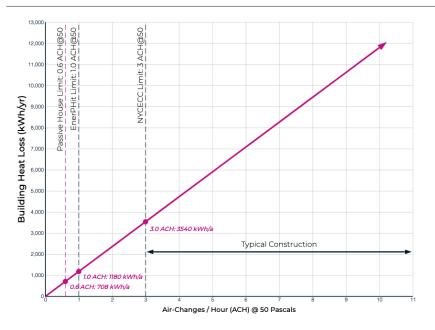
- → Moisture management is carefully assessed
- → Window thermal comfort is enforced



Airtightness



Winter Heat Loss due to Envelope Air Leakage





EnerPHit airtightness limit ≤ 1.0 ACH at 50Pa tested according to ISO 9972 (method 1) – multipoint test at both positive and negative pressures

Mandatory Leak Detection >0.6 ACH 50

1

Only for EnerPHit and PHI Low Energy Buildings, for n₅₀ values between 0.6 1/h and 1.0 1/h and for pre-certification: extensive **leak detection** must be carried out during the pressurisation test⁶. Individual leakages which may cause structural damage or impair comfort must be identified and remedied. This must be confirmed in writing⁷ and signed by the person conducting the leak detection. See also: Additional airtightness criteria and Performing the airtightness test.

I hereby confirm that air infiltration leak detection was carried out at negative pressure. All rooms within the airtight building envelope were inspected during this process. All points known to be prone to leakage were checked for leaks (including locations that were difficult to access such as tall ceilings). Any large leakages with a significant share of the total leakages or affecting thermal comfort were sealed.

Source: Criteria for Buildings, Passive House - EnerPHit - PHI Low Energy Building Version 10c

Passive House Retrofits

"...all standard cross sections and connection details must also be planned and executed so that excessive moisture build-up in the building component can be ruled out with the intended building use."

$$f_{Rsi} = \frac{\theta_{si} - \theta_{a}}{\theta_{i} - \theta_{a}}$$

- θ_s : minimum interior surface temperature as per multi-dimensional heat flow calculation [°C]
- θ_a : outside temperature as per multi-dimensional heat flow calculation [°C]
- θ_i : inside temperature as per multi-dimensional heat flow calculation [°C]

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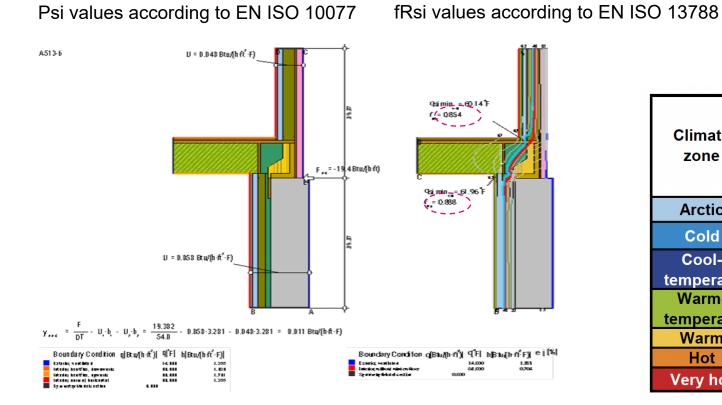
	Min.				
Climate zone	temperature				
	factor				
	f _{Rsi=1.42 hr.ft².°F/BTU}				
	[]				
Arctic	0.80				
Cold	0.75 0.70				
Cool-					
temperate					
Warm-	0.65				
temperate	0.00				
Warm	0.55				
Hot	-				
Very hot	-				

Min



Moisture Resistance





Climate zone	Min. temperature factor f _{Rsi=1.42 hr.ft².°F/BTU}				
Arctic	0.80				
Cold	0.75				
Cool- temperate	0.70				
Warm- temperate	0.65				
Warm	0.55				
Hot	-				
Very hot	-				



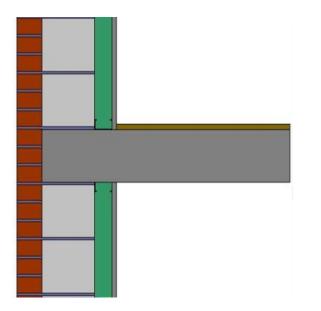
				project -specific min fRsi					
nallest tem	perature factor f _{Rsi=0.25 m²K/}	w -		-	2	0.45	0.31	-	
Specific building c	characteristics with reference to the treated floor	area						Min.	
Space heating	Treated floor area ft² Heating demand kBTU/(ft²yr) Heating load BTU/(hr.ft²)	2051 2.99 4.17	5	Criteria Criteria 6.34 - 	Fullfilled? ²		Climate	temperature factor	
Space cooling Frequency of exc	Cooling & dehum. demand kBTU/(ft²yr) Frequency of overheating (> 77 °F) % cessively high humidity (> 0.012 lb/lb) %	4.74 - 0	۲ ۲ ۲	5.07 - 10	Yes - Yes		zone	f _{Rsi=1.42 hr.ft².°F/BTU}	
Airtightness Moisture protection	Pressurisation test result n_{50} 1/h n allest temperature factor $f_{Rsi=0.25m^{9}CW}$ -	1.0 -	٤ ٤	1.0 0.45 0.31	Yes -]	Arctic	0.80	
Thermal comfort	All requirements fulfilled? - U-value hr.ft².°F/BTU U-value hr.ft².°F/BTU		≤ ≤	5.91 4.98	Yes		Cold	0.75	
Non-renewable Pri	U-valu€ ^h r.ft ² .*F/BTU U-valu€ ^h r.ft ² .*F/BTU		s s	4.58 10.92			Cool- temperate	0.70	
(PE) Primary Energy Renewable (PER)	PE demand kBTU/(ft²yr) PER demand kBTU/(ft²yr) Generation of renewable energy (in relation to projected building	11.31 5.35 0.00	5 5 2	- 19.02 19.02 	Yes		Warm- temperate	0.65	
	alues given here have been determined following th s of the building. The PHPP calculations are attach First name:			EnerPHit (Energy d	emand method) Classic? Signature:		Warm Hot	0.55	
Certificate-ID		Issued on:	City:		orginature:		Very hot	-	

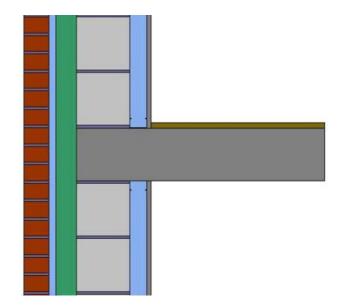
fRsi: Interior vs Exterior Insulation



INTERIOR INSULATION

EXTERIOR INSULATION





Source: BLDGtyp, llc

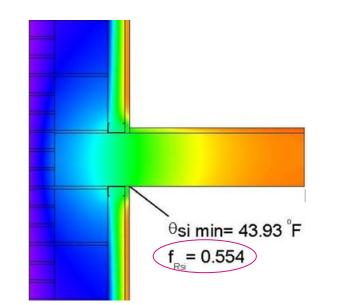
Passive House Retrofits

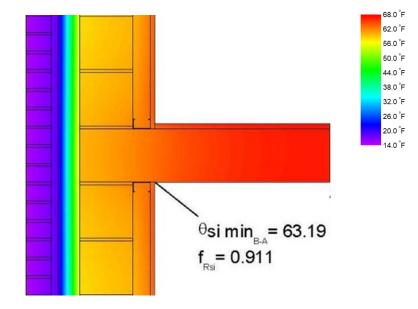
fRsi: Interior vs Exterior Insulation



INTERIOR INSULATION

EXTERIOR INSULATION



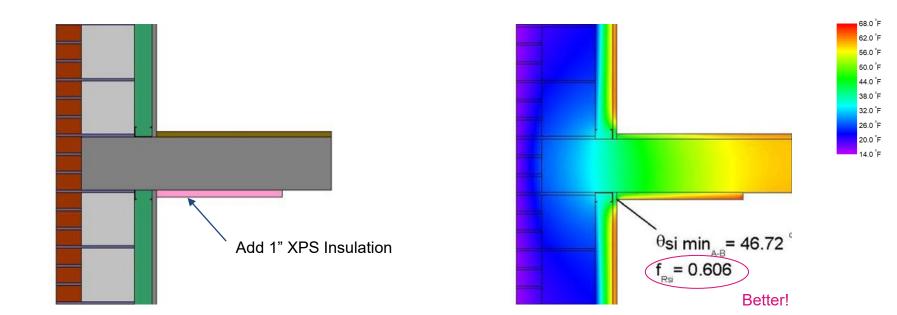


Source: BLDGtyp, llc

Passive House Retrofits

fRsi: Interior vs Exterior Insulation





Source: BLDGtyp, Ilc

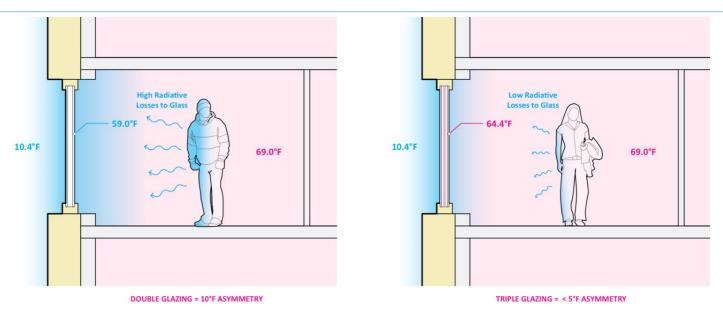
Passive House Retrofits

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Window Comfort Criteria

Window Thermal Comfort





- PHI threshold values much more conservative than DIN 1946, ISO 7730 and others.
- Acts as a proxy for many thermal comfort factors (radiant temperature asymmetry, air stratification, air movement from convective looping, etc.



Minimum Thermal Protection:

"For the arctic to warm-temperate climate zones interior surface temperatures of the standard cross-sections of walls and ceilings as well as the average interior surface temperatures of windows may not be more than 7.6 F [4.2 K] below the <u>operative</u> indoor temperature 71.6 F [22 C].

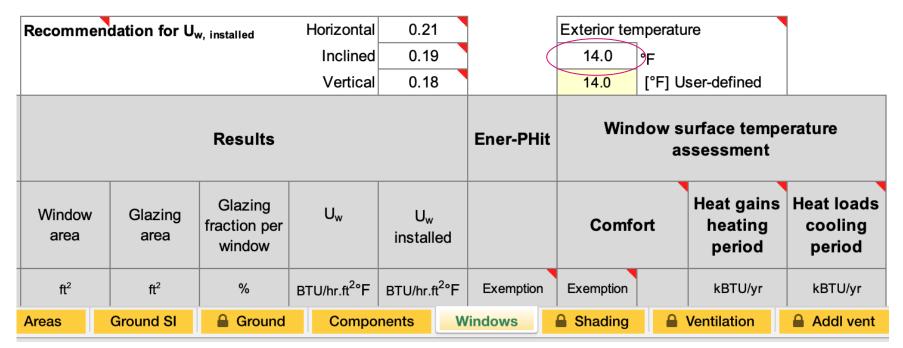
The 'operative' temperature is a simplified combination temp that results from the air temp, mean radiant temp and air speed.

...The requirements will be checked in the PHPP with an indoor temperature of 71.6 F [22 C] and a minimum outdoor temperature taken from the climate data set for the building's location."

For PHI certification this is the mean temp over the coldest 12 hour period for the building's climate.

PHI Certification Requirement





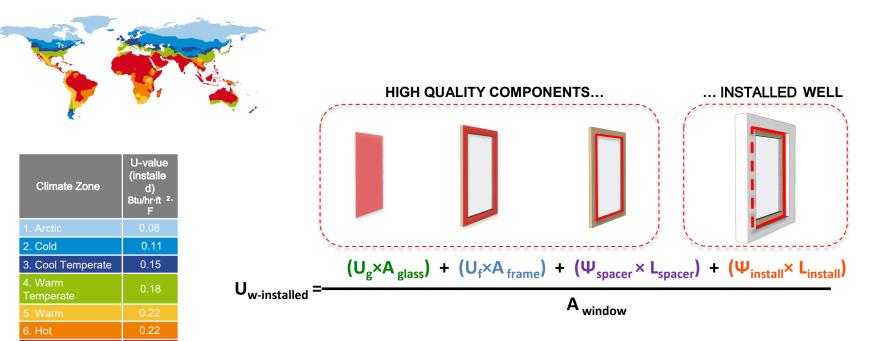
For PHI certification this is the mean temp over the coldest 12 hour period for the building's climate.

Maximum U w-installed

0.18







7. Very Hot

Maximum U w-installed

by Climate Zone (and window size)





Climate Zone	U-value (installe d) Btu/hr·ft ^{2.} F
1. Arctic	0.08
2. Cold	0.11
3. Cool Temperate	0.15
4. Warm Temperate	0.18
5. Warm	0.22
6. Hot	0.22
7. Very Hot	0.18

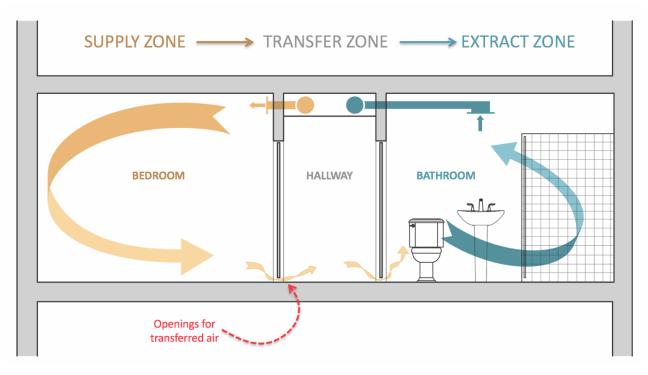
4' 2	,	3'	4'						
Recommen	dation for U	v, installed	Horizontal	0.21		Exterior ter	nperatu	re	
			Inclined	0.19		14.0	°F		
			Vertical	0.18	\triangleright	14.0	[°F] U	ser-defined	
Results				Ener-PHit	Window surface temperature assessment				
Window area	Glazing area	Glazing fraction per window	Uw	U _w installed		Comf	ort	Heat gains heating period	Heat loads cooling period
ft²	ft²	%	BTU/hr.ft ² °F	BTU/hr.ft ² °F	Exemption	Exemption		kBTU/yr	kBTU/yr
8.0	4.4	56%	0.211	0.271				-111	225
12.0	7.8	65%	0.209	0.256				-102	426
16.0	11.1	69%	0.209	0.249				-94	628

Ventilation

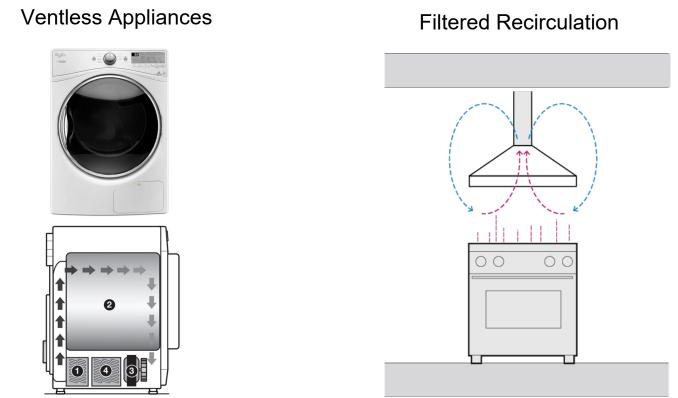
Ventilation System



Cascade Ventilation





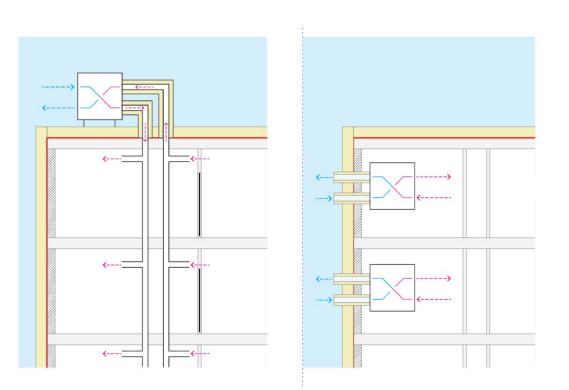


Source: Whirlpool

Ventilation System

Retrofit Considerations

- → Centralized vs decentralized (per unit/floor) system
- → Units located inside vs outside
- → Ductwork run inside vs outside

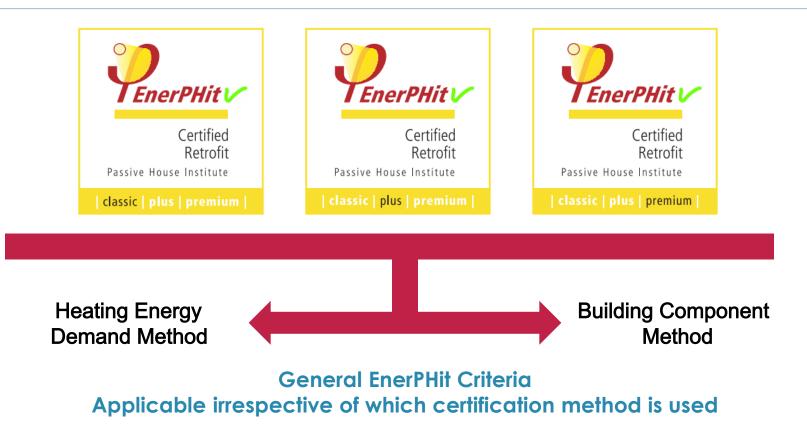




Two EnerPHit Methods

Two Paths to EnerPHit Certification





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Two EnerPHit Methods

EnerPHit by (Heating) Energy Demand

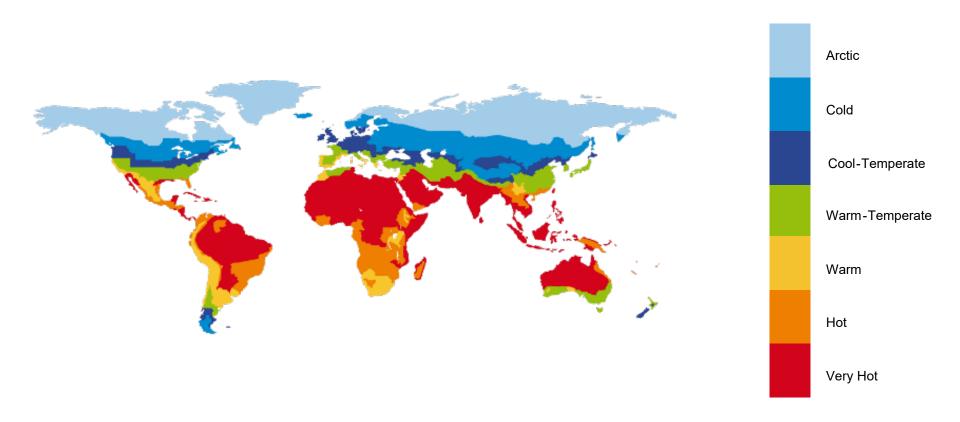
- Performance-based modeled energy demand in PHPP
- Very similar to Passive House certification method
- Climate zone-specific annual heating demand target

EnerPHit by Building Component

- Prescriptive
- Based on location-specific minimum assembly R-value and component U-value requirements
- Whole-building ventilation system efficiency (≥75%) enforced

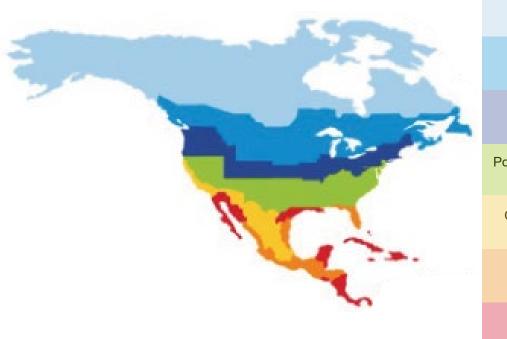
Passive House Climate Zones





Passive House Climate Zones





Anchorage, AK	Arctic
Duluth, MN; Kalispell, MT; Calgary, Alberta	Cold
Chicago, IL; Olympia, WA; Cleveland, OH; Boston, MA	Cool-Temperate
Portland, OR; Salt Lake City, UT; Kansas City, MO; Nashville, TN; New York, NY	Warm-Temperate
Oakland, CA; Dallas, TX; Memphis, TN; Atlanta, GA; Jacksonville, FL;	Warm
Tucson, AZ; San Antonio, TX; Miami, FL	Hot
Acapulco, Mexico; Palm Springs, CA; Phoenix, AZ	Very Hot



Energy Demand Method

	Heating	Cooling		
Climate zone according	Max. heating demand	Max. cooling + dehumidificatior demand		
to PHPP	[kBTU/(ft²yr)]	[kBTU/(ft²yr)]		
Arctic	11.09			
Cold	9.51			
Cool- temperate	7.92	equal to		
Warm- temperate	6.34	Passive House requirement ₁		
Warm	4.75			
Hot	-			
Very hot	-			

Component Method

	Opaque envelope ¹ against					Windows (including exterior doors)					Ventilation	
	ground		ambient air		Overall ⁴		4	Glazing⁵	Solar load ⁶	venu	auon	
Climate zone	Insu- lation	Exterior insulation	Interior in- sulation ²	Exterior paint ³	Max. heat transfer coefficient (U _{D/W,installed}) Solar heat gain coefficient (SHGC)			U U	Max. specific solar	Min. heat reco-	Min. hu- midity re-	
according to PHPP	Min	. thermal resis (R-value)	stance	Cool colours			load during cooling period	very rate ⁷	covery rate ⁸			
		[hr.ft².°F/BTl	נר	-	[B	TU/hr.ft	².°F]	-	[kBTU/(ft²yr)]		%	
					C.							
Arctic		63.09	22.71	-	0.08	0.09	0.11	$U_g - SHGC^*0.7 \le 0$			-	
Cold	Deter- mined in	47.32	18.93	-	0.11	0.12	0.14	U_g - SHGC*1.0 \leq 0		80%	-	
Cool- temperate	PHPP from	37.86	16.22	-	0.15	0.18	0.19	U _g - SHGC*1.6 ≤ 0		75%	-	
Warm- temperate	project specific heating	18.93	11.36	-	0.18	0.19	0.21	U _g - SHGC*3.2 ≤ -0.6	32	75%	-	
Warm	and cooling	11.36	7.57	-	0.22	0.23	0.25	-		-	-	
Hot	degree days against	11.36	7.57	Yes	0.22	0.23	0.25	-		-	60 % (humid climate)	
Very hot	ground.	22.71	12.62	Yes	0.18	0.19	0.21	-		-	60 % (humid climate)	

	Heating	Cooling			
Climate zone according	Max. heating demand	Max. cooling + dehumidification demand			
to PHPP	[kBTU/(ft²yr)]	[kBTU/(ft²yr)]			
Arctic	11.09				
Cold	9.51				
Cool- temperate	7.92	equal to			
Warm- temperate	6.34	Passive House requirement ₁			
Warm	4.75				
Hot	-				
Very hot	-				

- → Performance-based modeled energy demand in PHPP
- → Very similar to Passive House certification method
- → Climate zone-specific annual heating demand target

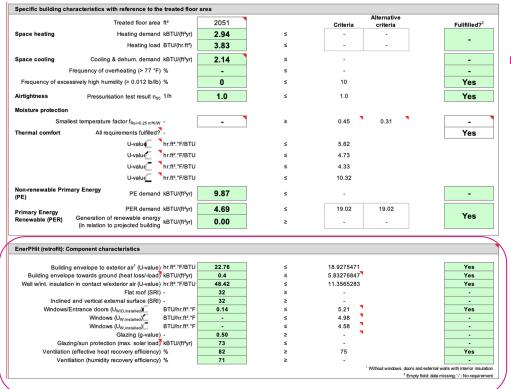
- → Prescriptive
- → Based on location-specific minimum assembly Rvalue and component Uvalue requirements
- → Whole-building
 ventilation system
 efficiency (≥75%)
 enforced

	O	paque envelo	ope ¹ against.		Windows (including exterior doors)					Ventilation	
	ground		ambient air		Overall ⁴			Glazing⁵	Solar load ⁶	vent	nation
Climate zone	Insu- lation	Exterior insulation	Interior in- sulation ²	Exterior paint ³		Max. heat transfer coefficient		Solar heat gain	Max. specific solar	heat	Min. hu- midity re-
according to PHPP	Min	n. thermal resis (R-value)	stance	Cool colours	(U _{D/W,installed})			(SHGC)	load during cooling period	very rate ⁷	covery rate ⁸
		[hr.ft².°F/BT	U]	-	[BTU/hr.ft ² .°F]		².°F]	-	[kBTU/(ft²yr)]		%
Arctic		63.09	22.71	-	0.08	0.09	0.11	$U_g - SHGC^*0.7 \le 0$		80%	-
Cold	Deter- mined in	47.32	18.93	-	0.11	0.12	0.14	U_g - SHGC*1.0 \leq 0		80%	-
Cool- temperate	PHPP from	37.86	16.22	-	0.15	0.18	0.19	U _g - SHGC*1.6 ≤ 0		75%	-
Warm- temperate	project specific heating	18.93	11.36	-	0.18	0.19	0.21	U _g - SHGC*3.2 ≤ -0.6	32	75%	-
Warm	and cooling	11.36	7.57	-	0.22	0.23	0.25	-		-	-
Hot	degree days against	11.36	7.57	Yes	0.22	0.23	0.25	-		-	60 % (humid climate)
Very hot	ground.	22.71	12.62	Yes	0.18	0.19	0.21	-			60 % (humid climate)



Component Method in PHPP





no heating/cooling demand criteria

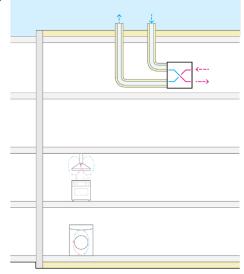
new section with prescriptive criteria

Ventilation System Efficiency



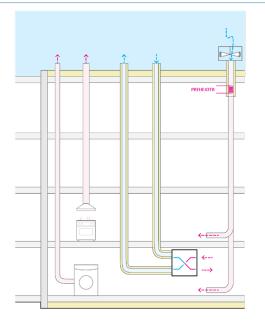
System Must be \geq 75% Efficient

- → Includes H/ERV efficiency
- → Includes H/ERV duct losses
- → Includes exhaust-only ventilation (dryers, range hoods, etc.)



- → 84% Efficient ERV located in attic (10' of ductwork)
- → Ventless electric heat pump condensing dryer
- → Recirculating range hood
- → Total System Efficiency = 78%

Eligible for EnerPHit by Component Certification

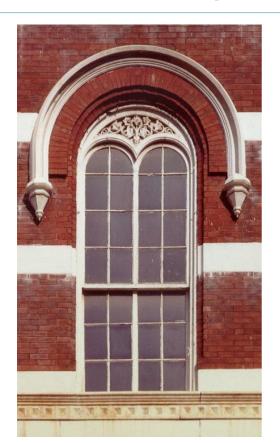


- → 84% Efficient ERV located in cellar(35' of ductwork)
- → Vented dryer
- → Exhausting range hood
- → Total System Efficiency = 71%

NOT eligible for EnerPHit by Component Certification



Allowable Exemptions



If necessary, the heat transfer coefficient limits for the exterior envelope shown in Table 2 may be exceeded for one or more of the following reasons:

- Legal requirements.
- If required by the historical building preservation authorities.
- A required measure is not cost-effective due to exceptional circumstances or additional requirements (see Subsection 3.2.13).
- The required insulation level unacceptably restricts the use of the building or surrounding area.
- No components are available which comply with both the EnerPHit criteria and special, additional requirements (e.g. fire safety).
- The heat transfer coefficient (U_{w,installed}) of windows is increased due to a high thermal bridge loss coefficient (psi value) when windows are installed with an offset to the insulation layer in a wall that has interior insulation.
- In the case of interior insulation, thinner insulation is required to avoid damage due to moisture accumulation.
- For other compelling reasons related to construction.

If any of these restricts the insulation thickness, then the insulation thickness that is still possible must be installed using a high thermal resistance (R per inch \geq 5.77 hr.ft².°F/BTU.in) insulation which is cost-effective and, in the case of interior insulation, safe regarding moisture accumulation. If this is the case with floor slabs or basement ceilings, additionally install an **insulation skirt** around the perimeter of the building if cost-effective.

Certification may be refused in the case of very extensive use of exemptions (see Subsection 3.1.6). We therefore recommend early coordination with the Certifier.

1

The following exemptions apply to the thermal comfort requirements:

- The requirements do not apply for areas which are not adjacent to **rooms with prolonged occupancy**.
- For windows and doors, exceeding the limit value is acceptable if low temperatures arising on the inside are compensated by means of heating surfaces under or directly next to the window or through air heating directed at the window (see2.4.5.b), or if for other reasons, there are no concerns relating to thermal comfort.
- The requirements for the R-values of ceilings in warm to very hot climates will not apply if the component is largely shaded on the outside.
- Alternatively, the thermal comfort criteria will be deemed to have been complied with if evidence of the comfort conditions is provided according to DIN EN ISO 7730 (2.4.5.a).

And If We Just Can't Get There?

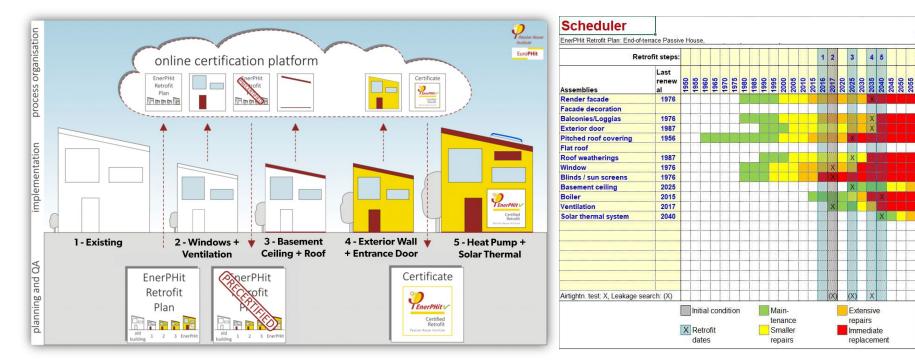


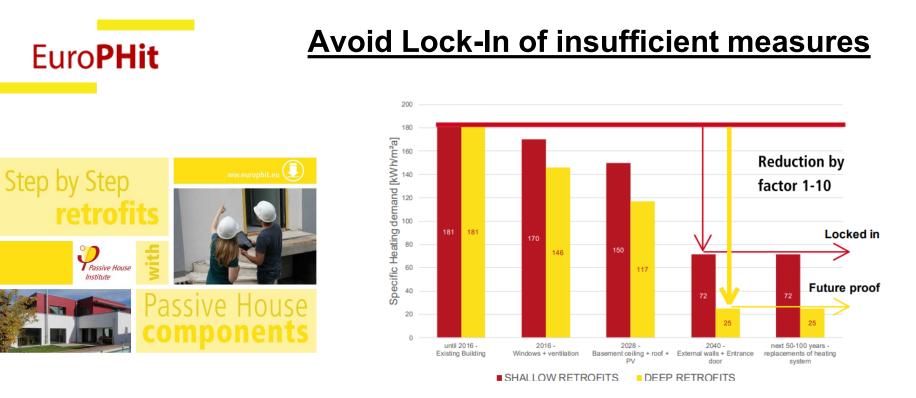


EnerPHit Retrofit Plan

Step by Step!

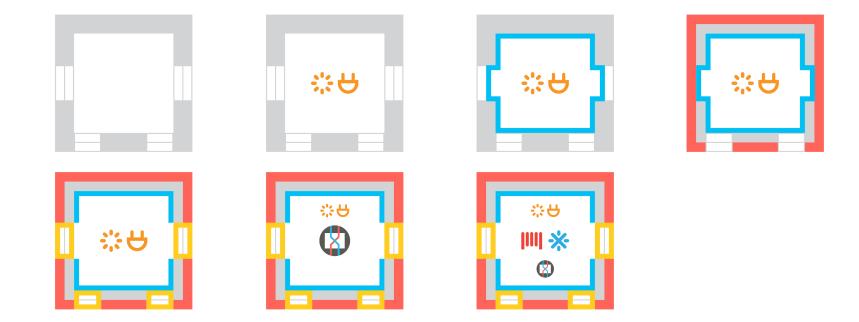






Retrofit Staging/Phasing





Source: BEEx, Deep Energy Retrofit Training, 2019

Passive House Retrofits

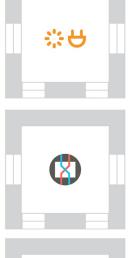
www.passivehousenet work.org

Phasing



Plug Loads

Ventilation System



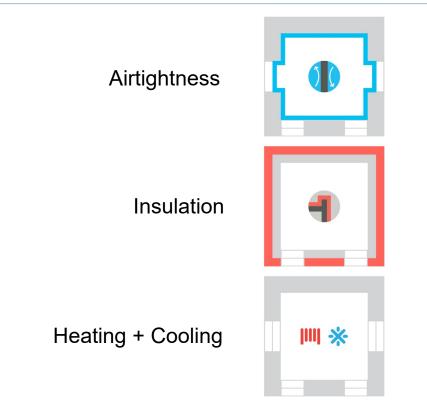
Windows



Source: BEEx, Deep Energy Retrofit Training, 2019

Phasing



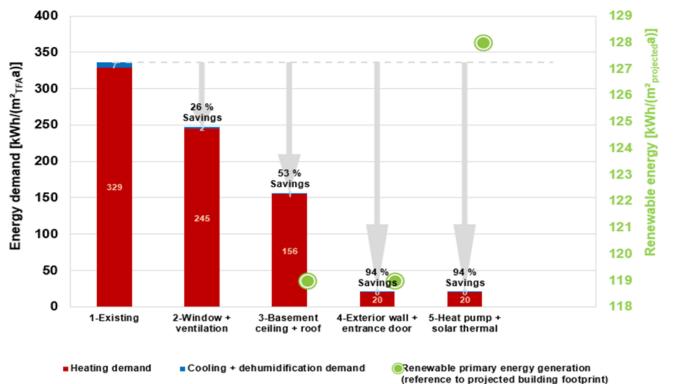


Source: BEEx, Deep Energy Retrofit Training, 2019

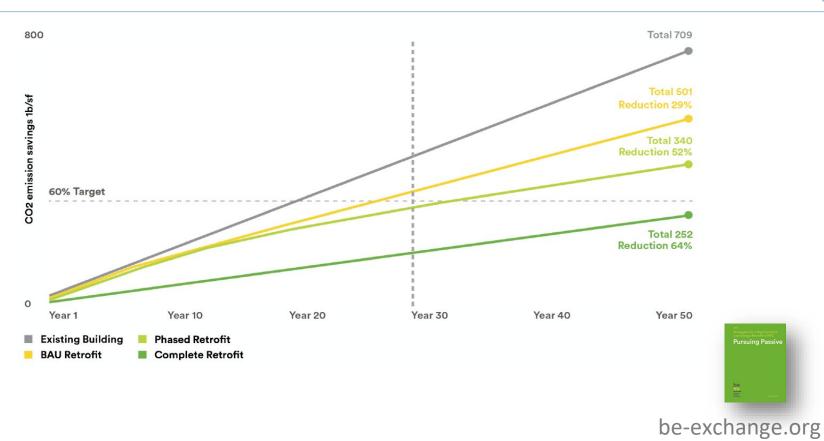
Phasing Retrofits & Energy Savings







"Pursuing Passive" Scenario Comparisons



www.passivehousenetwork.org

EnerPHit Pilot Programs

Whole Building Renovation System Certification



outPHit

Logirep/ Colbert 70 appartments in Colombes, France. This building is an EnerPHit Retrofit with prefab modules retrofitted in 2020.

outPHit wants to...

...lower the barriers to the uptake of high quality deep retrofits by pairing **prefabrication** and **streamlined processes** with the rigour of the **EnerPHit Standard** for renovations according to Passive House principles. Required



2) Obligatory descriptions / information

Embodied Energy

User Manua

outPHit

- Thermal bridge free connection details
- Dummy building test calculation

Airtightness

Obligatory additional descriptions / information

Dummy project

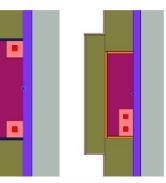
hermal Bridges

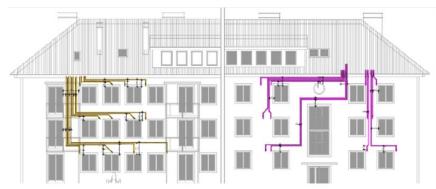
- Airtightness concept description
- Embodied energy information of components
- User manual and inhabitant introduction
- External shading concept description + TBs

Implementation Concepts of Mechanical Ventilation



- Heat loss co-efficients of facade implemented installations
- Ventilation rates for smaller and bigger appartments from 60m³/h – 240m³/h
- Evaluates the system efficiency based on maximum distrubution lengths











3) Optional system features

Efficiency design QA services

- Step-by-Step retrofit connection concept
- RES implementation (PV or Solar thermal)
- Heating and DHW service solutions
- Maintenance services

RES systems

- Efficiency design (PHPP calculation) or
- Funding application services

VIEL

Maintenance

Optional system features / options

SBS concepts

- Quality assurance services and Monitoring



outPHit

Pilot Projects Wanted

outPHit



Case Studies



Résidence Colbert Colombes L 1970 built residential uilding in the dense centre of Colombes, a western suburb of Paris. Urban settlement | housing colony 5820 m² ProPassif Einished



Housing Parque Maquinaria de Teruel

Apartment house 615 m² VAND Construction phase



Collège Paul Eluard Bonneuil sur Marne II School | campus | university 8000m² PROPASSIF Planning phase



Renovation of a three storey building, Maroussi Maroussi Multi family dwelling 312 m² Hellenic Passive House Institute (HPHI) Planning phase



ST03-BOZ11 in St. Johann, Tyrol

Multi family dwelling 559 m² NEUE HEIMAT TIROL Planning phase



Renovation of an apartment in a multifamily build Cholargos

140 m² Hellenic Passive House Institute (HPHI) Planning phase



Neotoa Ossé Chateaugiron Urban settlement | housing colony 260 m²

ProPassif

Finished



Single Family House Renovation, Papagou Papagou Two family house 150m² HPHI Construction phase



Ajena Lons le Saunier II Office | administration building 285 m² PROPASSIF Construction phase



Adourable Bagnères, a semi prefabricated EnerPHit Bagnères de Bigorre

250 m² PROPASSIF Construction phase

1

The concept:

- The unit under consideration must be completely modernized using Passive House components.
- The rest of the building won't be taken into account in the certification.
 - All requirements of the EnerPHit component method in the "Classic" class apply, except airtightness and primary energy.

- **Airtightness requirement**: qE50 <= 1.0 m3/(hm2) or documentation with proof of detailed airtighness planning and comprehensive photographic documentation of all relevant details and connections. This applies only to areas adjacent to outside air or to unconditioned spaces.

- **Primary energy demand requirement**: if the heating, cooling and DHW systems are for the unit (decentralized), the EnerPHit criteria applies. If the systems are centralized (or shared with other units) and will not be renovated, the project can be certified if a variant using a hypothetical future supply system with heat pumps would fulfill the PE/PER requirement.

- Connections towards adjacent conditioned spaces must be executed in a way that they do not increase the risk of mould growth in the adjacent apartments and so that, if possible, the insulation layer would be continuous if the adjacent apartment is renovated in the future.

- The "Plus" and "Premium" classes are not applicable.

Interested? Engage a certifier, who will coordinate with PHI and can give more details, including the draft of the criteria. An official program depends on the pilot results.

Part 2: Case Studies

Case Studies





Historic Masonry (interior)

Wood-Framed (exterior)



Concrete Frame & Masonry (interior & exterior)

Masonry Case Study

Case Study: Historic Masonry



- → Buildings often need help
- → Gut reno allows structural issues to be addressed





EnerPHit Row House



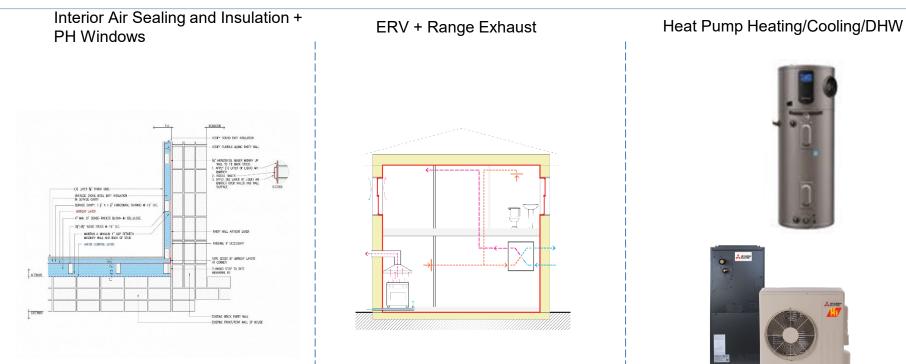




- Floor slabs ~ R20
- Walls ~ R20
- Roof ~ R50 R70
- Windows ~ u 0.14

The Approach





Repair









Interior Airtightness









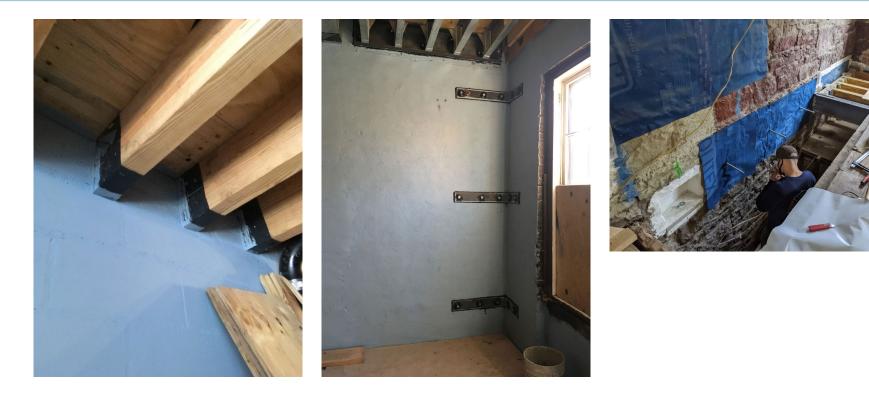
Interior Airtightness





Interior Airtightness



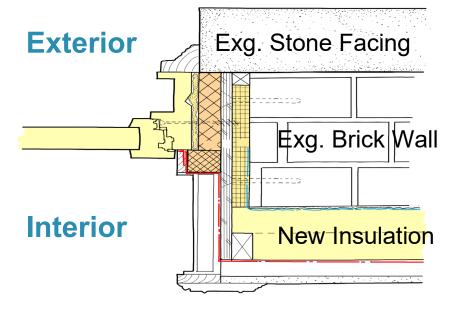


Interior Insulation





Source: bldgtyp, llc



Passive House Retrofits

Interior Insulation





Source: Kevin Brennan



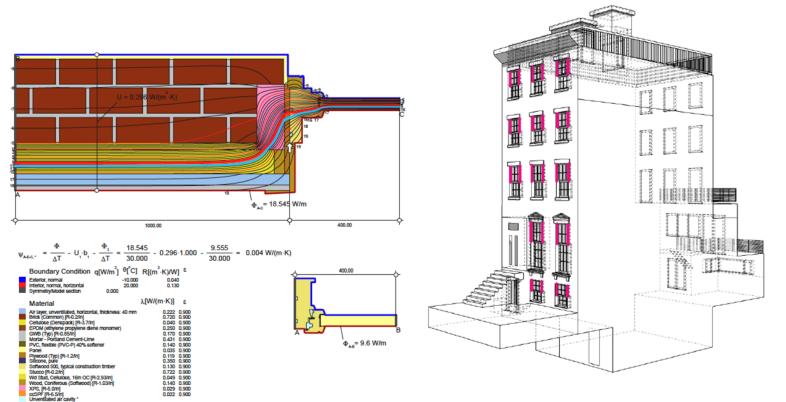






Window Installations

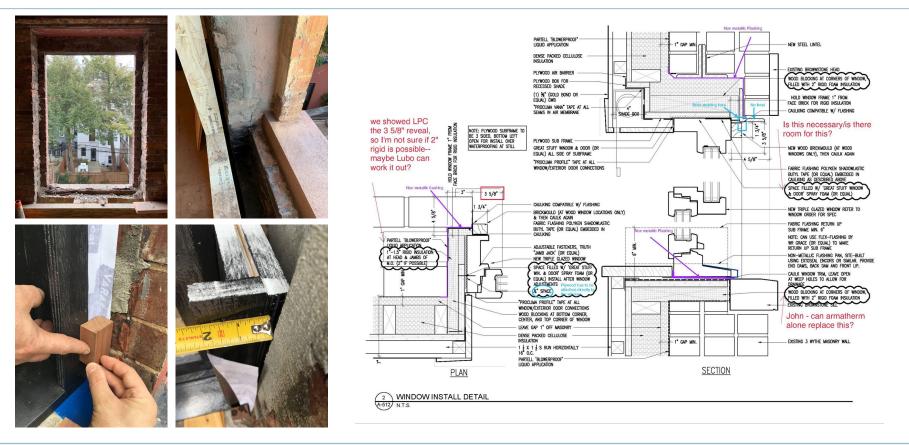




* Simplified approach

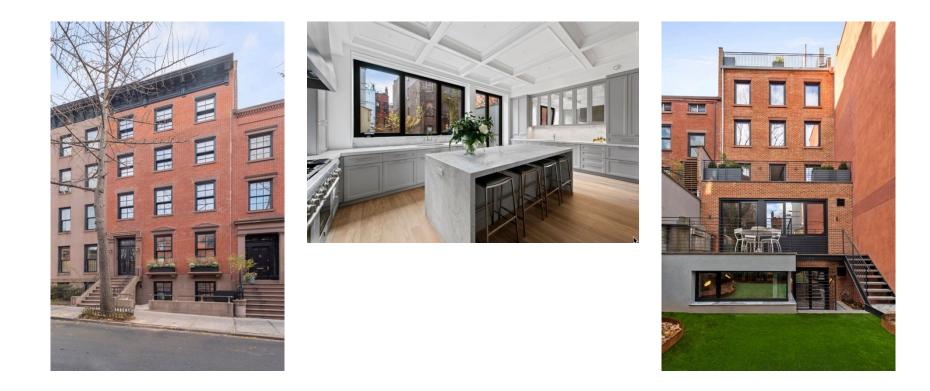
Window Installations



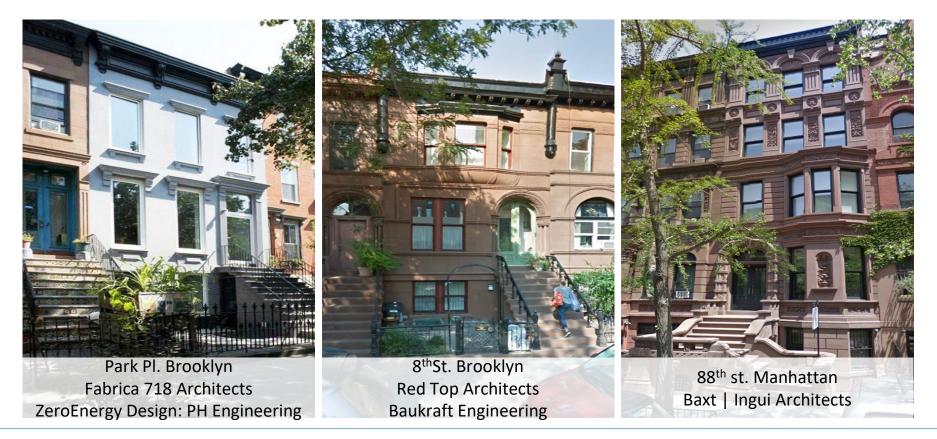


Ready for the Next 100 Years









Passive House Retrofits

www.passivehousenetwork.org

Wood Frame Case Study

Case Study: Wood -framed Retrofit

→ Historic wood -framed building (ca 1915) in Northern New Jersey (Climate Zone 5A)

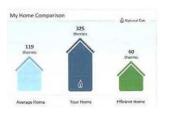


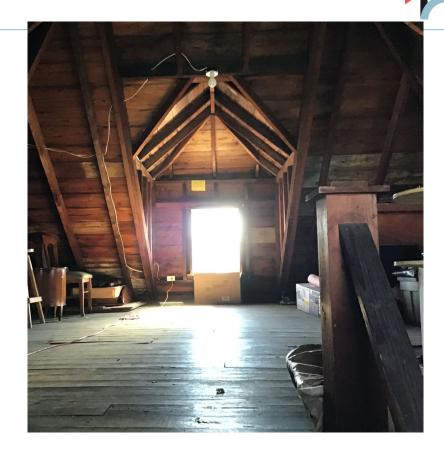


Owner's Brief

Reasons for Renovating

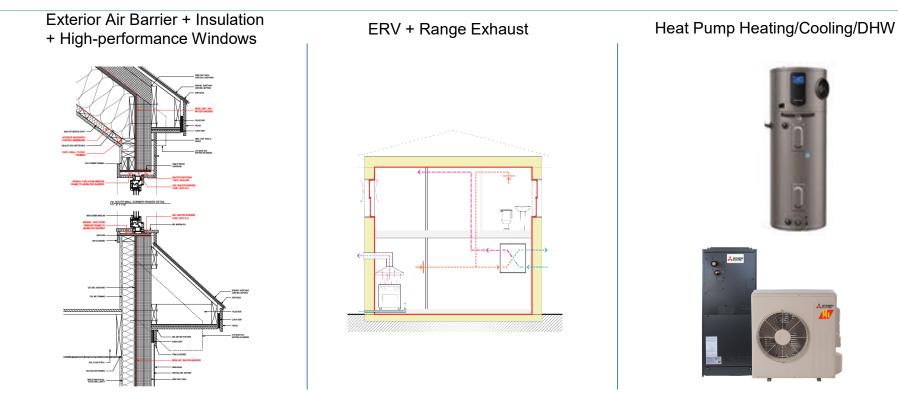
- Provide additional conditioned living space.
- Improve indoor air quality, thermal comfort, and acoustic isolation inside the house.
- Drastically reduce energy usage and carbon footprint, taking into account embodied carbon in products and procedures.
- Reduce exterior maintenance while protecting house from moisture, insects, etc.
- Provide back-up power during outage.
- All this while maintaining charm of 107 year old house.





The Approach





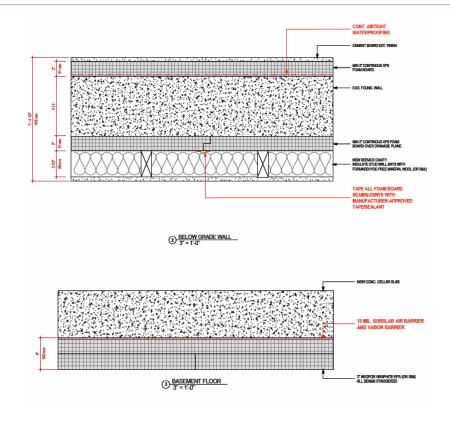
Basement Air Sealing + Insulation





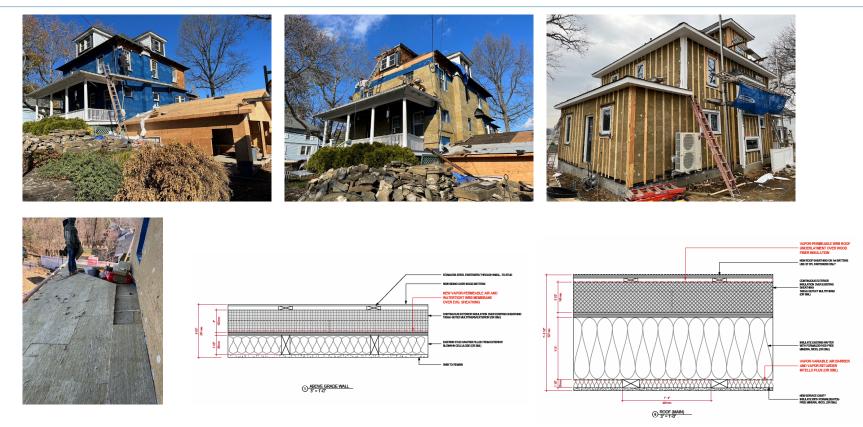


Source: Roger Gutzweiler



Above Grade Air Sealing + Insulation





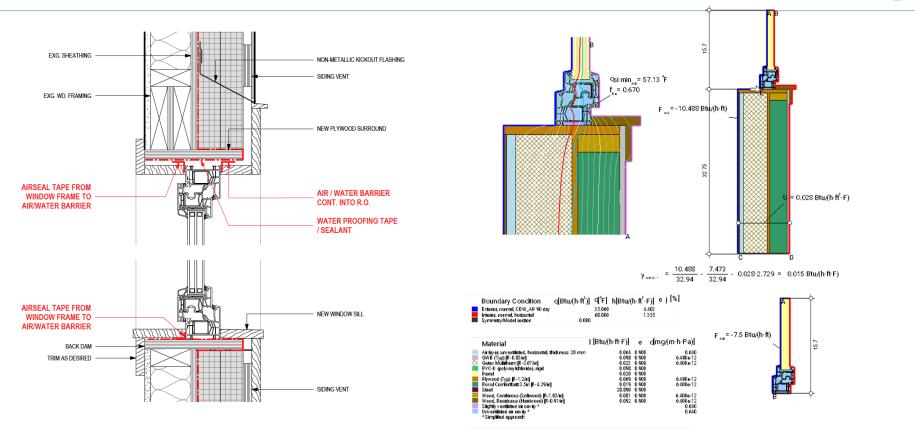
Source: Roger Gutzweiler

Passive House Retrofits

www.passivehousenet work.org

Window Installation





Heat Pump Heating and Cooling

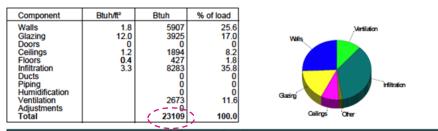
Three stories over conditioned basement ~3,800 sf

Peak Heating Load: 23,100 Btu/h Peak Cooling Load: 18,700 Btu/h

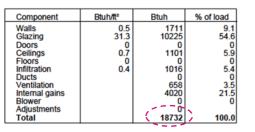


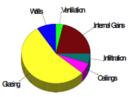
Design Conditions					
Location: Aeroflex-Andover AP, Elevation: 583 f Latitude: 41*N Outdoor: Drybulb (*F) Dailyrange (*F) Wet bulb (*F) Wit speed (mpb)	Heating 10	Cooling 90 20 (M) 73 75	Indoor: Indoor temperature (*F) Design TD (*F) Relative humidity (%) Moisture difference (gr/lb) Infiltration: Method Shielding / stories Shielding / stories	70 60 50 48.5 Blower door 3 (partial) / 3	Cooling 75 15 50 31.3
Wind speed (mph)	15.0	7.5	Pressure / AVF	3 (partial) / 3 50 Pa / 1054 cfn	n

Heating



Cooling





Before and After

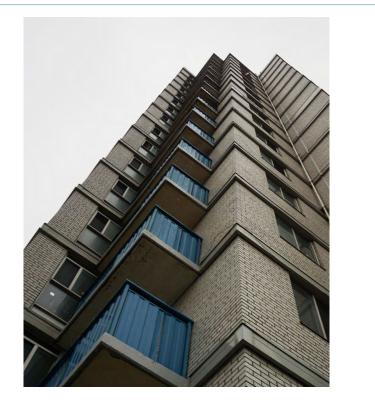




Multifamily Case Study

Ken Soble Tower



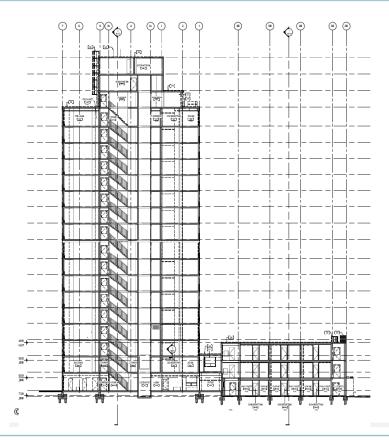


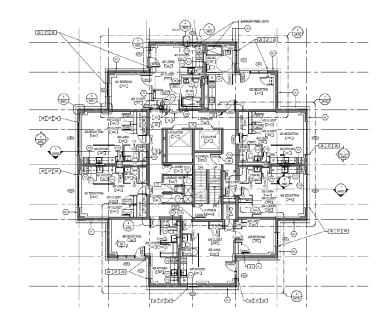


18 story, (58,000 SF TFA) 146 unit social housing. Built in 1967. City Housing Hamilton, Ontario

Form

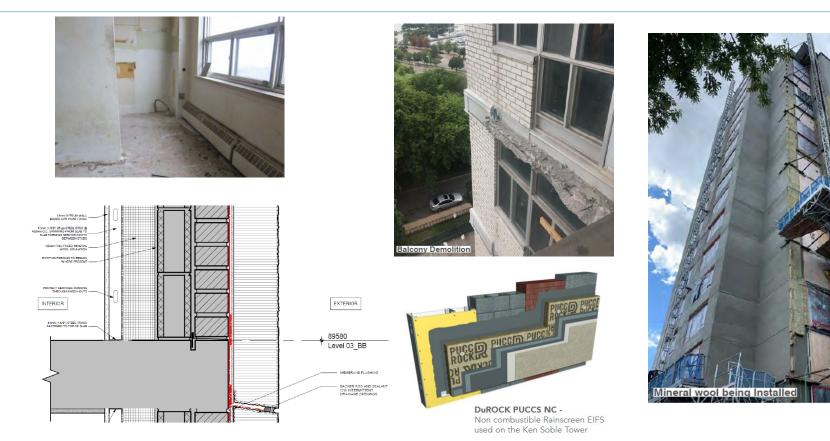




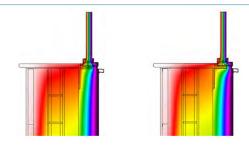


Typical Walls: R43





Windows



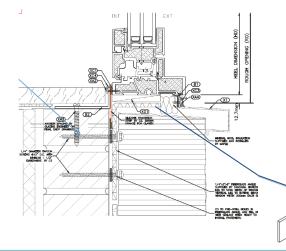
Fiberglass Angle

Steel Angle

		(kWh/m²a)
Window Sill Detail - Steel Angle	0.114	
Window Sill Detail - Fiberglass Angle	0.086	-0.16

Psi-Value (W/mK) | Heating Demand

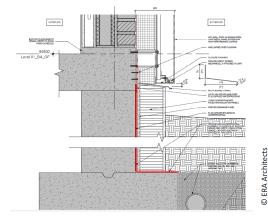
Description of Window Frame Manufacturer	Cascadia Windows Ltd.
Window Name	Universal Window (Fiberglass Frame with Tri-Seal Super Spacer)
Frame U-Value (Uf)	0.88 W/(m²K) (Operable) 0.81 W/(m²K) (Fixed)
Glass Description	Argon Filled 6 mm Low-E Cardinal 270 11 mm spacer 6 mm Cardinal 180 11 mm spacer 6 mm Low-E Cardinal i89
Glazing u-value (Ug)	0.72 W/($m^{2}K$) and 0.70 W/($m^{2}K$) depending on orientation
g-value of glass	0.38 and 0.50 depending on orientation





Ground: R1.5 & Roof R43







The existing foundation and

floor was left untouched in

the retrofit. 152 mm thick

XPS perimeter insulation

was added to the exterior of

the foundation, from the

ground slab to the footings

Thermal bridge studies were done to ensure the surface

residential spaces would

stay above the minimum

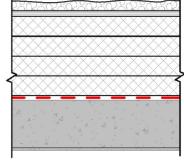
in

the

of the building.

temperature

Frsi values.



© ERA Architects

The installed roof was an inverted roof with 400 mm (16") of rigid polystyrene insulation. A fluid applied membrane was applied to create a new air barrier, and all penetrations (drains, roof anchors, etc) were addressed in the thermal bridges.

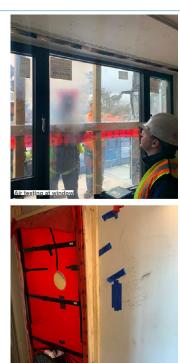
R VALUE: 43.02

ABOVE

- RIVERSTONE GRAVEL BALLAST
- FILTER FABRIC
- 400mm (4 LAYERS OF 100mm) EXTRUDED POLYSTYRENE RIGID INSULATION
- FLUID-APPLIED POLYURETHANE ROOF MEMBRANE
- EXISTING CONCRETE SLAB AND STRUCTURE
- EXISTING PLASTER CEILING BELOW



Quality Control: Mock - Ups & Blower Door Testing: 0.2 ACH 50!

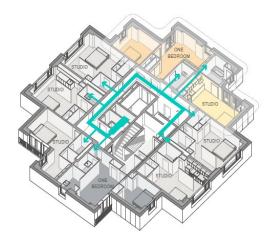


Air tightness guarded floor by floor testing



Ventilation: units / common areas / trash chute







Cooking: electric with filtered				
recirculation hood & general PH				
ventilation.				

Clothes Dryers: elec condensing ventless.

Ventilation Unit	Electrical Efficiency	Recovery Efficiency
Swegon - GOLD RX 50	0.45	84%
Swegon - GOLD RX 50	0.45	84%
Swegon - GOLD RX 12	0.49	84%
Zehnder ComfoAir Q600 ST ERV	0.22	78%
Zehnder - ComfoAir160 ERV, ComfoD160 ERV, ComfoD150 ERV	0.33	80%
RenewAire EV Premium L	0.52	58%

Effective Heat

Heating & Cooling







Cooling Strategy

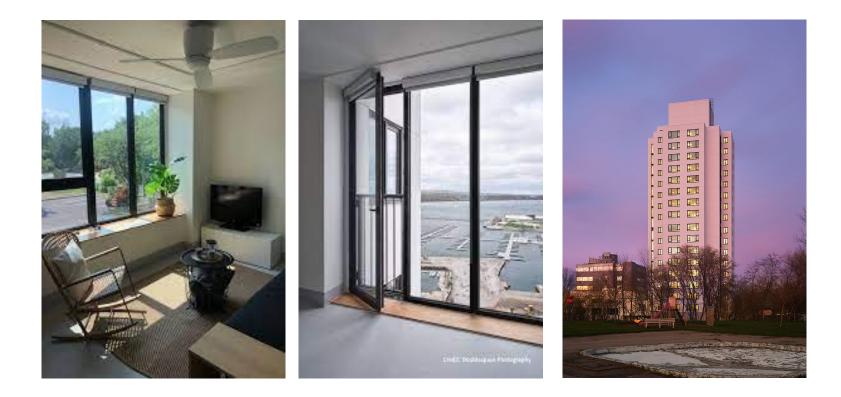
- 1. PH envelope
- 2. Low solar heat gain glazing
- 3. interior shading
- 4. ceiling fans
- 5. central tempered ventilation air
- 6. decentralized VAV boost per unit controls

Space Heating Strategy: centralized heat pump tempered ventilation air with elec resistance boost at each unit.

DHW: condensing gas boilers with drain water heat recovery at all showers/baths

Finished Product







EnerPHit Next Steps



- → Use the PHPP as a design tool
- → Start working with a certifier early in the process
- → Leverage your community



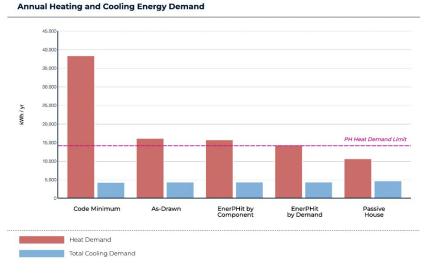


EnerPHit

- Resilient
- Excellent Occupant Comfort
- Good Indoor Air Quality
- Durable (Low Moisture Risk)
- Low Operational Energy

The basic principle which should be applied for each structural intervention in an existing building is 'if it has to be done, it should be done properly.'

-Wolfgang Feist





EnerPHit Resources

EnerPHit Resources



Websites

	y Pasahaus Institut 😭 10 Pasahaus 🛄 PMA	- Log In					
<u>^</u>		E Log In Search Q,					
PASSIPEDIA The Passive House Resource	Ce ce - Contraction - EnvertHit - the Passane House Catellicate for retrotts	🔆 Passive House Database		Search 5697 building	ngs	<u>()</u>	
Efficiency NOW	and a consistent a finite size a state under designed in departs	Project ID				Region	
Enclancy NOW Passipedia A-Z Besics	EnerPHit – the Passive House Certificate for retrofits			USA	~	Please choose	×
Building envelope Mechanical systems	It is not always possible to achieve the Passive House Standard (new constructions) for refurbishments of existing but adequate funds. For this reason, the PH has developed the "EnerPH1 – Quality-Approved Energy Retroft with Passiv	Building type		Energy standard / building type		Construction type	
Planning and Building a Passive House Built examples Passive House buildings in use	Components' Certificate. Significant energy agvings of between 75 and 90 % can be achieved even in existing buildings, for which the following	Please choose	~	EnerPHit Retrofit	~	Please choose	~
Tools / PHPP Outline and Aids	(Bastan 2022)						
Passive House Certification Education & training	improved thermal insulation (based on the principle: if it has to be done, do it right) reduction of thermal bridges	Only certified buildings	?	Project documentations		□ Videos	
Non-residential Passive House buildings Refurbishments with Passive House components Passive House for municipalities	considerably improved arbitytheses use of high quality windows (there is no reason why Passive-House-suitable windows should not be used when versitation with high effection that covery (again, Passive-House-suitable systems are very recommendable efficient next generation use of recencile energy sources	search Reset					
Passive Houses in different climates Passive House and Climate Change Adaptation Primary Energy Renewable International cooperations	 use or interviewe energy sources These are axedity the ameaures that have proved to be successful in new constructions. A number of examples or bechnology in writing buildings have become evaliable in the meantime. The Passive House Institute has advised on th measurements in modernised buildings. 						
Passive House Institute publications Pioneer Award Articles in the member area	To know more about the EnerPHIt-Standard you can also visit the corresponding section in the Passive House Institute © "EnerPHIC" - PHI-Certificate for Refurbishment of existing buildings	's website:					
Articles in other languages							

<u>Videos</u>









Conference



<u>Links</u>

Websites

- https://passipedia.org/certification/en erphit
- https://passivehouse-database.org/
- https://passivehouseaccelerator.com

Videos

 <u>https://passivehousenetwork.org/vid</u> eo-library/#renovation

Publications

 https://passivehousenetwork.org/wpcontent/uploads/2023/11/03_building criteria ip en-PHI.pdf

https://be-

exchange.org/lowcarbonmultifamilymain/

- <u>https://be-exchange.org/report/hpd-</u>
 <u>II97-decarbonization-roadmap/</u>
- <u>https://greenbuildingunited.org/news</u> room97/it-s-here-the-passiverowhouse-manual
- <u>https://475.supply/products/smart-</u> enclosure-system-download
- https://www.ribabooks.com/enerphita-step-by-step-guide-to-low-energyretrofit_9781859468197

Conference

https://passivhaustagung.de/en/

Publications



Passive House Retrofits



Thank you!

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For questions: info@3c-ren.org



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